



McDowell Place Senior Center

Stay Young With Us
1845 E. McDowell Rd.
Phone 602.262.1842
Oct. to Dec. 2025

WELCOME

The City of Phoenix Senior Centers offer active adult programs. For more information or details regarding Senior Center programming, memberships, list of services, meals or hours of operation you can visit .

CENTER TRIPS

Must be a currently registered member. Please sign up with staff. Transportation for all trips is \$2. Any questions, please ask a staff member.

Destination	Date	Time	Cost
Lin's Buffet	Tuesday, Oct. 21	11 a.m. to 1 p.m.	\$2 + lunch
Helen Drake Halloween	Friday, Oct. 31	9:30 a.m. to 1 p.m.	\$2
Chinese Health Fair	Wednesday, Nov. 5	9:30 a.m. to 1:30 p.m.	\$2

MEMBERSHIP

Membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

LUNCH

Lunch is served Monday through Friday at 11:30 a.m. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

Center Operating Hours

Monday through Friday, 8 a.m. to 5 p.m.

Programming Hours

Monday through Friday, 9 a.m. to 4 p.m.

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice.

The city's TTY Relay phone number 602-534-5500 if needed. This facility is Relay 7-1-1 trained.

phoenix.gov/humanservices/programs/older

MEMORY CAFÉ

Human Services Department's Memory Café program is offered at all 15 senior center locations!
McDowell Place Senior Center hosts an in-person Memory Café the third Wednesday of each

month, from 10:30 to 11:30 a.m.

Call 602-262-1842 for more information.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 9:30 a.m. Arts & Crafts with Christy	3
6	7 10 a.m. TEFAP	8 1 p.m. Site Council Meeting	9	10
13 Indigenous Peoples' Day Center Closed	14	15 10 a.m. Birthday Celebration	16 10 a.m. Memory Cafe	17
20	1 11 a.m. Lin's Grand Buffet	22 10: a.m. Diana Gregory	23 Staff Training Center Closed	24
27	28	29	30 9 a.m. Halloween Party	31 9:30 a.m. Trip to Helen Drake

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 11 a.m. TEFAP	5	6 9:30 a.m. Arts & Crafts with Christy	7
10	11 Veterans Day Center Closed	12	13	14

OCT.

NOV.

17	18	19 10 a.m. Diana Gregory	20 10 p.m. Memory Cafe	21
24	25	26	27 Thanksgiving Holiday Center Closed	28 Thanksgiving Holiday Center Closed
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11 9:30 a.m. Arts & Crafts with Christy	12
15	16	17	18 10 a.m. Memory Cafe	19 9: a.m. Holiday Party
22 10 a.m. Diana Gregory	23	24 noon Christmas Eve Center Closed	25 Christmas Day Center Closed	26
29	30	31		

Note: Trip transportation cost is \$2. Programs, classes, events, and trips are subject to change or can be canceled without notice. The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenter. Screened Presenter(s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.

Activity	Time	Day
Coloring & Puzzles	9 a.m. to 4 p.m.	Monday through Friday
Socialization	9 a.m. to 4 p.m.	Monday through Friday
Card Games	9 a.m. to 4 p.m.	Monday through Friday
Line Dancing	12:30 to 1:30 p.m.	Monday
Loteria	10:30 to 11:30 a.m.	Monday, Wednesday, Friday
Chair Exercise	10:30 to 11:30 a.m.	Tuesday
Fun Bingo	10:30 to 11:30 a.m.	Tuesday and Thursday
Movie	12:30 to 3 p.m.	Wednesday
Happy Hour	12:30 to 1:30 p.m.	Friday
Healthy Recipes	12:30 to 1:30 p.m.	Friday
Storytelling	1:30 to 2 p.m.	Friday



Providing a bag of fresh fruits and vegetables to members once a month.

Please bring reusable bag

Oct.22, Wednesday

Nov. 19, Wednesday

Dec. 22, Monday



Bags are distributed on a first come first serve basis and while supplies last.