



SENIOR PROGRAMS
CITY OF PHOENIX | HUMAN SERVICES

Goelet A.C. Beuf Senior Center

Programs for Active Adults

3435 W. Pinnacle Peak, Phoenix, AZ 85027

602-534-9743

Email us at:

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phoenix.gov



GOELET A.C. BEUF SENIOR CENTER

Beuf Senior Center is a recreation center for seniors and adults, situated in north Phoenix. We are located in the Beuf Community Center at 35th Ave. and Pinnacle Peak. Our Human Services and Parks & Recreation staff are here to serve you. Stop on by!

MEMORY CAFÉ AT BEUF

Memory Café is a welcoming place to provide persons living with early to moderate dementia a safe place to social and participate in activities facilitated by professionals to simulate brain health. Advance registration required. Memory Café is held the first Friday of the month from 10 to 11:30 a.m. See flyer for details.

April to June 2025 Program Schedule

MEMBERSHIP

Your membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

LUNCH

Lunch is served Monday through Friday at noon. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

CASEWORKER SERVICES

Caseworker services are available to current members by appointment only. To schedule an appointment call 602-534-9743.

Senior Center Hours

Operating Hours: Monday to Friday 8 a.m. to 5 p.m.

Programing Hours: Monday to Friday 9 a.m. to 4 p.m.

Parks and Recreation hours:

8 a.m. to 8:30 p.m. Monday - Thursday, 8 a.m. to 5 p.m. Friday, 10 a.m. to 4 p.m. Saturday

For more information, or a copy of this publication in an alternate format, contact 602-262-4520 voice. The City's TTY Relay phone number, 602-534-5500 may be used, if needed.



Program Schedule

Your best
years start
here!

CLASS	INSTRUCTOR	DAY	TIME	TYPE
Bingo	Volunteer	Monday	9:15 to 11:30 a.m.	In-person
Geri Fit	Fernando	Monday	11 a.m. to noon	In-person
Mahjong Group (Beginner)	Volunteer	Monday	1 to 3 p.m.	In-person
Senior Fit	Cheryl	Monday	1 to 2 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Art Class	Will, Volunteer	Tuesday	9:30 to 11:30 a.m.	In-person
Yoga	Video	Tuesday	10 to 11 a.m.	In-person
Line Dance	Mary, Volunteer	Tuesday	1 to 2 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Geri Fit	Fernando	Wednesday	11 a.m. to noon	In-person
Senior Fit	Cheryl	Wednesday	1 to 2 p.m.	In-person
Beading Group	Volunteer	Wednesday	1 to 3 p.m.	In-person
Mahjong Group (Intermediate/Advanced)	Heidi, Volunteer	Wednesday	1 to 3 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Bingo	Volunteer	Thursday	9:15 to 11:30 a.m.	In-person
Salsa Dance Class	Fernando	Thursday	10 to 11 a.m.	In-person
Tai Chi	Fernando	Thursday	11 a.m. to noon	In-person
Let's Dance Fitness Class	Michelle	Thursday	1 to 2 p.m.	In-person
Social Games Group	Heidi, Volunteer	Thursday	1 to 4 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Coloring Corner	Self-led	Friday	9 a.m. to noon	In-person
Blood Pressure Checks	Joseph, Volunteer	First and last Friday of the month	11 to 11:30 a.m.	In-person
Prize Loteria	Staff	Friday	1 to 2 p.m.	In-person

Note: Programs, Classes, Events, and Trips subject to change or cancellation without notice.

Billiards

Billiards open play from 8 a.m. to 4 p.m. daily

All members welcome

Please see staff to check out equipment

Billiards Tournament, must RSVP

Wednesday, April 16, at 9 a.m.

Wednesday, May 14, at 9 a.m.

Trips

See flyers for details

April 8 Goldfield Ghost Town

April 29 Herberger Theater

May 13 Herberger Theater

May 20 Texaz Grill Restaurant

June 10 Mandarin Super Buffet

June 18 Western Spirit Scottsdale
Museum of the West

602 Day, Senior Show & Tell

Monday, June 2, at 12:30 p.m.

Join the Phoenix community as we celebrate 602 day! Show & Tell an item that represents Phoenix to you. Refreshments provided, must RSVP.

TEFAP (Commodities) Distribution

April 28

May 19

June 23

Please see staff for more information

Beuf Senior Center will be CLOSED

April 9, All Staff Meeting

May 2, Conference

May 26, Memorial Day

June 19, Juneteenth

Site Council Meetings at 9:30 a.m.

April 30

May 28

June 25

Meetings are open to all members of the center

Special Events

**Note: RSVP required,
RSVP at kiosk or by calling
602-534-9743. See flyers for details.**

Area Agency on Aging Fitness Testing

All members welcome to test their fitness level

Monday, April 28, at 9 a.m.

Valley Metro Presentation & Sign-Ups

Sign up for a Valley Metro Copper card, learn more about the reduce fare program. See flyer for details

Valley Metro Staff will be on site to assist

Wednesday, May 7, 10 a.m. to 2 p.m.

National Awareness Documentaries

Join us for refreshments and a documentary

Mental Health: Thursday, May 29, at 12:30 p.m.

Pride Month: Thursday, June 26, at 12:30 p.m.

Mini Resource Fair National Older Americans Month

Celebrate with community vendors, prizes,
treats & much more!

Friday, May 23, at 10 a.m.

Fraud/Scam Prevention Presentation

Learn helpful tips to protect your identity and
personal information from scammers

Wednesday, June 11, at 12:30 p.m.

Bingo Buddies

In collaboration with Parks & Rec. summer youth
program play for prizes and enjoy sweet treats

Thursday, June 12, at 12:30 p.m.

Volunteer Recognition Event

Friday, April 25 at 10 a.m.

Join us as we thank and celebrate our senior center
volunteers. The event will feature chili dogs, sweet
treats, and certificate ceremony. RSVP required, all
members welcome. Western-themed event.

Daily Activities

Walking track, Wii bowling, board games,
puzzles, table tennis, and card games

Computer and Wi-Fi

Your membership includes use of the computer lab or bring
your own device to surf the 'net!

Special Events

April				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 10 a.m. National Walking Day Scavenger Hunt	3	4 10 a.m. Memory Café 12:30 p.m. Ice Cream Social
7	8 Trip Goldfield Ghost Town	9 Center Closed All Staff Meeting	10 12:30 p.m. Phoenix Art Museum Presentation	11 10 a.m. Birthday Party Celebration
14	15 10 a.m. Wii Tournament	16 9 a.m. Billiards Tournament	17 12:30 p.m. Retirement Presentation	18 10 a.m. Field Day Egg Hunt Event
21	22	23	24	25 10 a.m. Volunteer Recognition Western theme
28 9 a.m. AAA Fitness Tests 10 a.m. Commodities (TEFAP)	29 Trip Herberger Theater	30 9:30 a.m. Site Council Meeting		
May				
Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Center Closed Conference
5	6	7 10 a.m. Valley Metro Presentation	8	9 10 a.m. Mother's Day Party
12	13 Trip Herberger Theater	14 9 a.m. Billiards Tournament	15	16 10 a.m. Birthday Party Celebration
19 10 a.m. Commodities (TEFAP)	20 Trip Texaz Grill Restaurant	21	22	23 10 a.m. Mini Resource Fair Older Americans Month Event
26 Center Closed Memorial Day	27	28 9:30 a.m. Site Council Meeting	29 12:30 p.m. National Mental Health Month documentary	30
June				
Monday	Tuesday	Wednesday	Thursday	Friday
2 12:30 p.m. 602 Day Senior Show & Tell	3	4	5 12:30 p.m. Extra Help Seminar Medicare Presentation	6 10 a.m. Memory Café 12:30 p.m. Ice Cream Social
9	10 Trip Mandarin Super Buffet	11 12:30 p.m. Fraud/ Scam Prevention Presentation	12 12:30 p.m. Bingo Buddies Parks Collaboration	13 10 a.m. Father's Day Party Casino themed
16	17	18 Trip Western Spirit Scottsdale Museum of the West	19 Center Closed Juneteenth	20
23 10 a.m. Commodities (TEFAP)	24	25 9:30 a.m. Site Council Meeting	26 12:30 p.m. National LGBTQ Pride Month Documentary	27 10 a.m. Birthday Party Celebration
30				