



SENIOR PROGRAMS
CITY OF PHOENIX | HUMAN SERVICES

Goelet A.C. Beuf Senior Center

Your Best Years Start Here

3435 W. Pinnacle Peak, Phoenix, AZ 85027

602-534-9743

Email us at: goelet.beuf.sc@phoenix.gov



GOELET A.C. BEUF SENIOR CENTER

Beuf Senior Center is a recreation center for seniors and adults, situated in north Phoenix. We are located in the Beuf Community Center at 35th Ave. and Pinnacle Peak. Our Human Services and Parks & Recreation staff are here to serve you. Stop on by!

MEMORY CAFÉ AT BEUF

Memory Café is a welcoming place to provide persons living with early to moderate dementia a safe place to socialize and participate in activities facilitated by professionals to stimulate brain health. Advance registration required. Memory Café is held the first Friday of the month from 10 to 11:30 a.m. See flyer for details.

April to June 2026 Program Schedule

MEMBERSHIP

Your membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

LUNCH

Lunch is served Monday through Friday at noon. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

CASEWORKER SERVICES

Caseworker services are available to current members by appointment only. To schedule an appointment call 602-534-9743.

Senior Center Hours

Operating hours: Monday to Friday, 8 a.m. to 5 p.m.
Programming hours: Monday to Friday, 9 a.m. to 4 p.m.

Parks and Recreation Hours

Monday to Thursday, 8 a.m. to 8:30 p.m.; Friday, 8 a.m. to 5 p.m.; Saturday, 10 a.m. to 4 p.m.

For more information, or a copy of this publication in an alternate format, contact 602-262-4520 voice. The City's TTY Relay phone number, 602-534-5500 may be used, if needed.

phoenix.gov/seniorservices

Program Schedule

CLASS	INSTRUCTOR	DAY	TIME	TYPE
Table Tennis Group	Staff led	Monday	9 to 10 a.m.	In-person
Bingo	Volunteer	Monday	9:15 to 11:30 a.m.	In-person
Geri Fit	Fernando	Monday	11 a.m. to noon	In-person
Senior Fit	Cheryl	Monday	1 to 2 p.m.	In-person
Mahjong Group (Beginner)	Volunteer, Heidi	Monday	1 to 3 p.m.	In-person
Spanish Singing Group	Staff	Monday	2 to 3 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Art Class (on break 5/5 to 7/28)	Self led 5/5 to 7/28	Tuesday	9 to 11 a.m.	In-person
Yoga	Video	Tuesday	9 to 10 a.m.	In-person
Line Dance (Improver)	Volunteer, Mary	Tuesday	10 to 11 a.m.	In-person
Line Dance (Beginner)	Volunteer, Kathy	Tuesday	1 to 2 p.m.	In-person
Book Club	Staff led	Tuesday	2 to 3 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Let's Dance Fitness Class Last class 5/13	Michelle	Wednesday	9:30 to 10:30 a.m.	In-person
Geri Fit	Fernando	Wednesday	11 a.m. to noon	In-person
Beading Class	Volunteer	First & third Wednesday of the month	1 to 3 p.m.	In-person
Mahjong Group (Intermediate)	Volunteer	Wednesday	1 to 3 p.m.	In-person
Crafts Must RSVP prior	Staff	Second Wednesday of the month	1 to 4 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Bingo	Volunteer	Thursday	9:15 to 11:30 a.m.	In-person
Latin Ballroom	Fernando	Thursday	10 to 11 a.m.	In-person
Tai Chi	Fernando	Thursday	11 a.m. to noon	In-person
Movies in the Beuf	Staff	Thursday	12:30 to 3 p.m.	In-person
Bunco Group	Volunteer, Linda	Thursday	12:45 to 2:45 p.m.	In-person
Country Western Partner Dance Class	Volunteer, Mary	Thursday	1 to 2 p.m.	In-person
Cell Phone 101	Instructor , Joh	4/2,4/16 & 4/30	2 to 3 p.m.	In-person
Happy Hour Game Group	Staff	Thursday	3 to 4 p.m.	In-person
Table Tennis Group	Staff	Thursday	3 to 4 p.m.	In-person
CLASS	INSTRUCTOR	DAY	TIME	TYPE
Yoga	Video	Friday	9 to 10 a.m.	In-Person
Prize Loteria	Staff	Friday	1 to 2 p.m.	In-person
Mahjong Group (Intermediate)	Volunteer	Friday	1 to 3 p.m.	In-person
Short Story Writing Class Starts 5/1	Staff	Friday	2 to 3 p.m.	In-person

Billiards open play from 8 a.m. to 4 p.m. daily
All members welcome

Please see staff to check out equipment

Billiards Tournaments, must RSVP

Wednesday, April 15, at 9 a.m.
Qualifier for Buckeye Tournament

Wednesday, April 28, at 9 a.m.
Beuf vs Buckeye Senior Center

Trips

See flyers for details

April 9 Pioneer Living History Museum

April 14 Comedor Guadalajara Restaurant

May 12 Sky Harbor Airport

May 21 Golden Corral Buffet

May 26 The Old Spaghetti Factory Restaurant

June 9 Lin's Grand Buffet

June 16 Martin Auto Museum

June 30 Olive Garden Restaurant

TEFAP (commodities) Distribution

April 27

May 18

June 22

Please see staff for more information

Beuf Senior Center will be CLOSED

April 22, All Staff Meeting

May 25, Memorial Day

June 19, Juneteenth

Site Council Meetings at 9:30 a.m.

April 29

May 27

June 24

Meetings are open to all members of the center

Daily Activities

Walking track, coloring corner, board games,
puzzles, table tennis, and card games

Special Events

Note: RSVP required

RSVP at kiosk or by calling 602-534-9743

See flyers for details

Phoenix Art Museum Presentation

Learn about art periods from around the world
Thursday, April 9 at noon

Area Agency on Aging Fitness Testing

All members welcome to test their fitness level
Wednesday, April 15, at 10 a.m.

National Awareness Documentaries

Earth Day: Thursday, April 30, at 12:30 p.m.
Mental Health: Thursday, June 28, at 12:30 p.m.
Pride Month: Thursday, June 25, at 12:30 p.m.

**Second Annual National Walking
Day Scavenger Hunt**

Join us for a scavenger hunt around Paseo
Highland Park, raffle prizes and treats. Sign-up
with senior staff to participate in the multi-gen
duathlon with Parks and FRC
Tuesday, April 21, at 10 a.m.

Understanding Hoarding Presentation

Learn the difference between collecting, hoarding
and clutter, and the stigma that affects treatment
Tuesday, May 12, at 10 a.m.

**AmeriCorps Senior Companion
Program Presentation**

Are you a compassionate senior looking to make
a meaningful impact in your community? Learn
more about the program and how to join
Wednesday, May 20th at 12:15 p.m.

Older Americans Month Celebration

Join us for a mini carnival celebrating Older
Americans Month with refreshments; play for a
chance to win prizes
Friday, May 22, at 10 a.m.

Rx 360 Workshop

Learn proper storage and disposal of prescription
drugs, raise awareness of the risk of Rx misuse
Thursday, June 4, at 12:30 p.m.

**602 Day Paper Floral Arrangements
& Ice Cream Social**

Celebrate 602 Day with DIY paper flowers and
sweet treats
Tuesday, June 2, at 12:30 a.m.

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Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3 10 a.m. Field Day Senior Egg Hunt with Parks
6	7 12:30 p.m. Ice Cream Social	8 1 p.m. Crafts, <u>must RSVP</u>	9 noon Phoenix Art Museum Presentation Trip Pioneer Living History Museum	10 10 a.m. Birthday Party
13	14 Trip Comedor Guadalajara	15 9 a.m. Billiards Tournament 10 a.m. AAA Fitness Tests	16	17
20	21 10 a.m. National Walking Day Scavenger Hunt 2 p.m. Songs & Stories Live Theatre	22 Center Closed All Staff Meeting	23	24 10 a.m. Volunteer Recognition Paris-themed Event
27 10 a.m. TEFAP (commodities)	28 9 a.m. Beuf vs Buckeye Billiards Tournament	29 9:30 a.m. Site Council Meeting	30 12:30 p.m. Earth Day Documentary	
Monday	Tuesday	Wednesday	Thursday	Friday
				1 10 a.m. Memory Café
4	5 12:30 p.m. Ice Cream Social	6	7	8 10 a.m. Mother's Day Party
11	12 10 a.m. Understanding Hoarding Presentation Trip Sky Harbor Airport	13 1 p.m. Crafts, <u>must RSVP</u>	14	15 10 a.m. Birthday Party
18 10 a.m. TEFAP (commodities)	19	20 12:15 p.m. Senior Companion Program Presentatuion	21 Trip Golden Corral Buffet	22 10 a.m. Older Americans Month Celebration
25 Center Closed Memorial Day	26 Trip The Old Spaghetti Factory Restaurant	27 9:30 a.m. Site Council Meeting	28 12:30 p.m. Mental Health Documentary	29
Monday	Tuesday	Wednesday	Thursday	Friday
1	2 12:30 p.m. Ice Cream Social & 602 Day Activity	3 12:30 p.m. Health Presentation	4 12:30 p.m. Rx 360 Workshop	5 10 a.m. Memory Café
8	9 Trip Lin's Grand Buffet	10 1 p.m. Crafts, <u>must RSVP</u>	11 1 p.m. Bingo Buddies with Parks	12 10 a.m. Father's Day Party
15	16 Trip Martin Auto Museum	17	18	19 Center Closed Juneteenth
22 10 a.m. TEFAP (commodities)	23	24 9:30 a.m. Site Council Meeting	25 12:30 p.m. Pride Month Documentary	26 10 a.m. Birthday Party
29	30 Trip Olive Garden			

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