



SENIOR PROGRAMS
CITY OF PHOENIX | HUMAN SERVICES

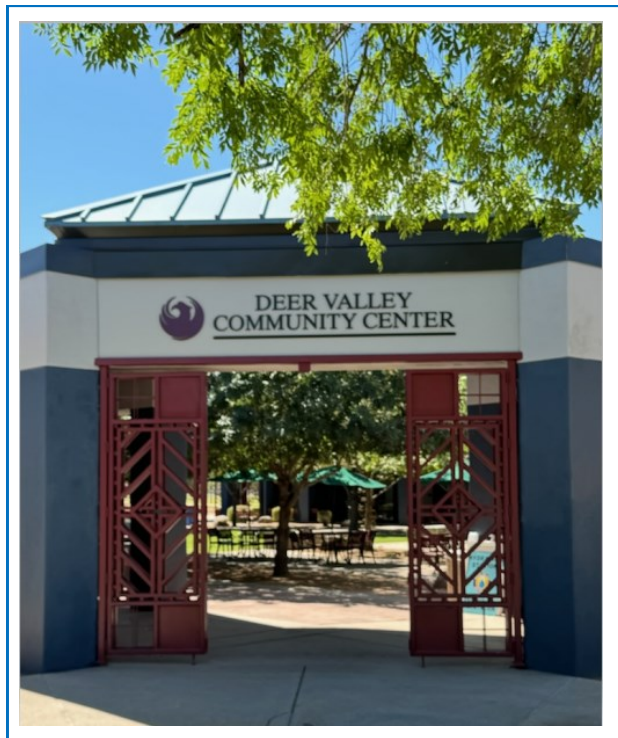
DEER VALLEY SENIOR CENTER

Programs for Active Adults

2001 W. Wahalla Lane

Phone 602.495.3714

July - August - September 2025



Note: Programs, classes, events, and trips subject to change or cancellation without notice. Trip transportation cost is \$2. The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenters. Screened Presenter(s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.

LUNCH

Lunch is served Monday through Friday at 11:30 a.m. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

MEMBERSHIP

Membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.



Human Services Department's Memory Café program has expanded to all 15 senior center locations!

For more information, check with your nearest senior center, or visit:

<https://www.phoenix.gov/humanservicessite/Pages/Dementia-Friendly.aspx>

602-534-5750

Operating Hours 8 a.m. to 5 p.m. Monday to Friday

Programming Hours: 9 a.m. to 4 p.m.

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice. [phoenix.gov](https://www.phoenix.gov)

The City's TTY Relay phone number 602-534-5500 if needed.

This facility is Relay 7-1-1 trained.



CENTER TRIPS



July

Destination	Date	Departure	Returning	Fee
Babbo Italian	7/2/2025	10:30 a.m.	12:30 p.m.	Cost of Lunch Bus Fee: \$2
Fry Bread House	7/28/2025	10:30 a.m.	12:30 p.m.	Cost of Lunch Bus Fee: \$2

August

Destination	Date	Departure	Returning	Fee
The Bread and Honey House	8/14/2025	10:30 a.m.	12:30 p.m.	Cost of Lunch Bus Fee: \$2
Uncle Panda Dumplings	8/27/2025	10:30 a.m.	12:30 p.m.	Cost of Lunch Bus Fee: \$2

September

Destination	Date	Departure	Returning	Fee
Joyride Restaurant	9/16/2025	10:30 a.m.	12:30 p.m.	Cost of Lunch Bus Fee: \$2
Mimi's Café	9/30/2025	10:30 a.m.	12:30 p.m.	Cost of Lunch Bus Fee: \$2

CENTER CLOSURES

July 4, Independence Day

August 13, Staff Meeting

September 1, Labor Day



ROCK PAINTING

July 17, at 10:30 a.m.

August 21, at 10:30 a.m.

September 18, 10:30 a.m.



Deer Valley

Site Council

Meetings:

July 2, at 10:30 a.m.

August 6, at 10:30 a.m.

September 3, 10:30 a.m.

All members are
welcome to attend.

Deer Valley Senior Center

Memory Café

Held the fourth Tuesday of every month
at 10 a.m.



Memory Monday Screenings

Held the first Monday of every month.
See staff to get started with your monthly
screenings.



Deer Valley Senior Center Daily Activities

CLASS	LOCATION	DAY	TIME
Movies	Room 9	Mondays, Wednesdays	1 to 3:30 p.m.
Chair Exercise	MPR	Mondays, Wednesdays, Fridays	9:15 to 10:15 a.m.
<i>Bingo</i> <i>(on temporary break, please call for more information)</i>	<i>MPR</i>	<i>Mondays, Wednesdays, Fridays</i>	<i>1 to 3 p.m.</i>
Senior Fitness with Theresa	MPR	Mondays, Wednesdays, Fridays	3:30 to 4:15 p.m.
Bridge Class	Room 8	Mondays	11:30 a.m. to noon
Bridge	Room 8	Mondays	noon to 3 p.m.
Advanced Poker	Room 7	Tuesdays, Thursdays	9 a.m. to 2 p.m.
Geri Fit	MPR	Tuesdays, Thursdays	1 to 2 p.m.
Chair Yoga	Room 9	Tuesdays, Thursdays	2:15 to 3:15 p.m.
Smartphone Assistance	Room 8	Tuesdays	2 to 3:30 p.m.
Beginning Spanish	Room 7	Tuesdays	2:30 to 3:30 p.m.
Advanced Line Dance <i>(returns August 5)</i>	MPR	Tuesdays	2:30 to 3:30 p.m.
Euchre	Room 7	Wednesdays	9 to 11 a.m.
Guitar Group	Room 10	Wednesdays	1 to 3 p.m.
Mah Jong	Room 8	Wednesdays	1 to 4 p.m.
Duplicate Bridge	Room 7	2nd & 4th Wednesdays	noon to 4 p.m.
Tai Chi	Room 9	Thursdays	10 to 11 a.m.
Canasta	Lounge	Thursdays	1 to 4 p.m.
Computer Assistance	Room 8	Thursdays	2 to 3:30 p.m.
Beginning Line Dance	MPR	Thursdays	2:30 to 3:30 p.m.
Tai Chi	Room 9	Fridays	1 to 2 p.m.
Swoop	Room 7	Fridays	1 to 4 p.m.
Tai Chi Fan Form	Room 9	Fridays	2:15 to 3:15 p.m.