



WELCOME

The Chinese Senior Center has been a resource for older adults in the Melrose District for over 40 years! We welcome everyone to our center!

CASEWORKER

Caseworker available to current members by appointment only. For further information, please call 602-262-6411.

BROWN BAG

The brown bag distribution takes place Wednesdays, from noon to 1 p.m.

MEMORY CAFÉ



**Human Services Department's
Memory Café program has
expanded to all 15 senior center
locations!**

Chinese Senior Center hosts an in-person Memory Café the third Tuesday of each month, from 10:30 to 11:30 a.m. at the Chinese Senior Center.

Call 602-262-6411 for more information.

**Chinese
Senior Center**
Programs for Active Adults
734 W Elm Street
Phone 602.262.6411
April to June 2025

MEMBERSHIP

Membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

LUNCH

Starting May 5, 2025, lunch is served Monday through Friday at 11:30 a.m. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

Center Operating Hours

Monday through Friday, 8 a.m. to 5 p.m.

Programming Hours

Monday through Friday, 9 a.m. to 4 p.m.

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice.

The city's TTY Relay phone number 602-534-5500 if needed. This facility is Relay 7-1-1 trained.

phoenix.gov

April

May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 April 1st	2 April 2nd	3 April 3rd	4 April 4th 9:45 a.m. April Birthday Celebration 四月份慶生會
7 9 a.m. Memory Screening 記憶篩選	8 April 8th	9 Center Closed for All Staff Meeting 中心關閉 全體員工會議	10 April 10th	11 1:30 p.m. Trip to Mekong 湄公河之旅
14 April 14th	15 10:30 a.m. Memory Cafe 記憶咖啡館	16 11 a.m. Handbook Review 長者手冊回顧 1 p.m. Site Council Meeting 理事會會議	17 1:30 p.m. Trip to 99 Ranch Market 99大華之旅	18 10 a.m. Easter Crafts Event 復活節工藝活動
21 April 21st	22 10 a.m. Volunteers Recognition Event 志願者表彰會	23 11 a.m. Handbook Review 長者手冊回顧	24 April 24th	25 April 25th
28 April 28th	29 1:30 p.m. Trip to Lee Lee's Market 利利市場之旅	30 11 a.m. Handbook Review 長者手冊回顧		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 May 1st	2 May 2nd Center Closed for All Staff Meeting 中心關閉 全體員工會議
5 9 a.m. Memory Screening 記憶篩選	6 May 6th	7 1 p.m. Site Council Meeting 理事會會議	8 May 8th	9 10 a.m. Mother's Day Craft Workshop 母親節工藝工作坊
12 May 12th	13 May 13th	14 May 14th	15 May 15th	16 1:30 a.m. Trip to Lee Lee's Market

19	20 10:30 a.m. Memory Café 記憶咖啡館	21	22 1:30 a.m. 99 Ranch Market 99大華之旅	Trip to Lee Lee Market 利利市場之旅
26 Memorial Day Holiday Center Closed 陣亡將士紀念日假期 中心關門	27 9 a.m. Memory Education Corner 記憶教育角	28	29 1:30 p.m. Trip to Mekong 湄公河之旅	30 10 a.m. Dragon Boat Festival Party 端午節慶祝活動
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9 a.m. Memory Screening 記憶篩選	3	4	5 1:30 p.m. 99 Ranch Market 99大華之旅	6 10 a.m. June Birthday Celebration 六月份生日慶典
9	10	11 1 p.m. Site Council Meeting 理事會會議	12	13 10 a.m. Father's Day Celebration 父親節慶祝活動
16	17 10:30 a.m. Memory Café 記憶咖啡館 1:30 p.m. Trip to Mekong 湄公河之旅	18 9:30 a.m. Juneteenth Presentation 六月節講座	19 Juneteenth Holiday Center Closed 六月節 中心關門	20
23	24	25	26	27 1:30 a.m. Trip to Lee Lee Market 利利市場之旅
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Note: Trip transportation cost is \$2. Programs, Classes, Events, and Trips are subject to change or can be canceled without notice. The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenter. Screened Presenter(s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.

Activity 活動	Time 時間	Day 日期
Gym Exercise (I) 健身房锻炼	9 a.m. to 4 p.m.	Monday through Friday
Socialization (I) 社會化	9 a.m. to 4 p.m.	Monday through Friday
Ping Pong (I) 乒乓球	9 a.m. to 4 p.m.	Monday through Friday
Mah Jong (I) 麻將	9 a.m. to 4 p.m.	Monday through Friday
Card Games (I) 紙牌遊戲	9 a.m. to 4 p.m.	Monday through Friday
Cantonese Singing (I) (V) 廣東歌唱團	9 to 11 a.m.	Monday, Thursday
Fun Bingo 賓果遊戲	10:30 to 11:30 a.m.	Monday
Cantonese Dance Group 廣東舞蹈組	1 to 2 p.m.	Monday
Cantonese Opera 粵劇	1 to 3 p.m.	Monday
English Singing Group 英文歌唱組	9 to 10 a.m.	Tuesday
Bible Study (not City sponsored) 经查（非城市赞助）	9 to 10:30 a.m.	Tuesday
Line Dance 排舞	10 to 11 a.m.	Tuesday
Bible Study Singing Group 聖詩隊	1 to 2 p.m.	Tuesday
Chair Yoga 椅子瑜伽	1:30 to 2:30 p.m.	Tuesday
Social Services 社會服務	9:30 to 11:30 a.m.	Wednesday
Female Singing Group 女生小合唱	9 to 10 a.m.	Wednesday
Modeling Class 時裝隊表演	10 to 11:30 a.m.	Wednesday
Arts and Crafts 工藝組	9:30 to 11:30 a.m.	Wednesday
Brown Bag Distribution 棕色袋子分發	noon to 1 p.m.	Wednesday
Survival English Class (I) (V) 生存英語課	1 to 2 p.m.	Wednesday
Simple Chinese Conversational Class	1 to 2 p.m.	Wednesday
Mandarin Singing Group 國語歌唱團	9:30 to 11 a.m.	Thursday
Intermediate English class 中級英語班	9:30 to 10:30 a.m.	Thursday
Volunteer-led Line Dance 志工帶領排舞	9 to 10 a.m.	Thursday
Conversational English Class 英語會話課	9:30 to 11:30 a.m.	Friday
Ballroom Dance 交誼舞	1 to 2:30 p.m.	Friday
Karaoke 卡拉OK	9:30 to 11:30 a.m.	Friday
Computer Class 電腦課	3 to 4 p.m.	Friday

Note: Programs, classes, and events are subject to change or cancellation without notice.

* I - in-person class 實體課程 , V - virtual class 網上課程