



## WELCOME

The Chinese Senior Center has been a resource for older adults in the Melrose District for over 40 years! We welcome everyone to our center!

## CASEWORKER

Caseworker available to current members by appointment only. For further information, please call 602-262-6411.

## BROWN BAG

The brown bag distribution takes place Wednesdays, from noon to 1 p.m.

## MEMORY CAFÉ



**Human Services Department's  
Memory Café program has  
expanded to all 15 senior center  
locations!**

Chinese Senior Center hosts an in-person Memory Café the third Tuesday of each month, from 10:30 to 11:30 a.m. at the Chinese Senior Center.

*Call 602-262-6411 for more information.*

**Chinese  
Senior Center**  
Programs for Active Adults  
734 W Elm Street  
Phone 602.262.6411  
**July to September 2025**

## MEMBERSHIP

Membership gives you access to all 15 Phoenix senior centers. The annual membership fee is \$20 for Phoenix residents and \$40 for non-residents.

## TRANSPORTATION

MV Transportation provides flexible taxi service to and from the center for eligible members. Please contact Human Services staff to register and obtain more detailed information.

## LUNCH

Lunch is served Monday through Friday at 11:30 a.m. Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5.

### **Center Operating Hours**

Monday through Friday, 8 a.m. to 5 p.m.

### **Programming Hours**

Monday through Friday, 9 a.m. to 4 p.m.

For more information or a copy of this publication in an alternate format, contact 602-262-4520 voice.

The city's TTY Relay phone number 602-534-5500 if needed. This facility is Relay 7-1-1 trained.

**phoenix.gov**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 1	2 2	3 10 a.m. Intergenerational Connections Independence Day Event 跨世代聯誼 獨立日活動	4 Independence Day Center Closed 中心關閉 全體員工會議
7 9 a.m. Memory Screening 記憶篩選	8 8	9 9	10 1 p.m. Trip to 99 Ranch Market 99大華之旅	11 9:30 a.m. July Birthday Celebration 七月份慶生會
14	15 10:30 a.m. Memory Cafe 記憶咖啡館 1 p.m. Trip to Mekong 湄公河之旅	16 1 p.m. Site Council Meeting 理事會會議	17	18
21	22 9 a.m. Memory Education Corner 記憶教育角	23	24	25
28	29	30	31	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 9:30 a.m. August Birthday Celebration 八月份慶生會
4 9 a.m. Memory Screening 記憶篩選	5	6 1 p.m. Site Council Meeting 理事會會議	7 1 p.m. Citizenship Class 入籍課程	8
11	12	13 Center Closed for All Staff Meeting 中心關閉	14 1 p.m. Trip to Mekong 湄公河之旅	15 9:30 a.m. Luu Party Luu 宴會派對

# September

		全體員工會議				
18		19 10:30 a.m. Memory Café 記憶咖啡館	20		21 1 p.m. Citizenship Class 入籍課程	22
25		26 9 a.m. Memory Education Corner 記憶教育角	27		28 1 p.m. Trip to Lee Lee Market 利利市場之旅 Citizenship Class 入籍課程	29
MONDAY		TUESDAY	WEDNESDAY	THURSDAY		FRIDAY
1 Labor Day Center Closed 中心關閉 全體員工會議	2		3		4 1 p.m. Citizenship Class 入籍課程	5 9:30 p.m. September Birthday Celebration 九月份慶生會
8 9 a.m. Memory Screening 記憶篩選	9		10 1 p.m. Site Council Meeting 理事會會議		11 1 p.m. 99 Ranch Market 99大華之旅 1 p.m. Citizenship Class 入籍課程	12
15	16 10:30 a.m. Memory Café 記憶咖啡館		17		18 1 p.m. Citizenship Class 入籍課程	19 9:30 a.m. Trip to Pecos Senior Center 佩科斯老年中心之旅
22	23		24		25 1 p.m. Citizenship Class 入籍課程	26 1 p.m. Trip to Lee Lee Market 利利市場之旅
29	30					

Note: Trip transportation cost is \$2. Programs, Classes, Events, and Trips are subject to change or can be canceled without notice. The City of Phoenix does not directly or indirectly endorse any products or services presented, or to be presented, by the Screened Presenter. Screened Presenter(s) shall not state or imply any endorsement by the City of Phoenix or any of its employees.



Activity 活動	Time 時間	Day 日期
Gym Exercise (I) 健身房锻炼	9 a.m. to 4 p.m.	Monday through Friday
Socialization (I) 社會化	9 a.m. to 4 p.m.	Monday through Friday
Ping Pong (I) 乒乓球	9 a.m. to 4 p.m.	Monday through Friday
Mah Jong (I) 麻將	9 a.m. to 4 p.m.	Monday through Friday
Card Games (I) 紙牌遊戲	9 a.m. to 4 p.m.	Monday through Friday
Cantonese Singing (I) (V) 廣東歌唱團	9 to 11 a.m.	Monday, Thursday
Fun Bingo 賓果遊戲	10 to 11 a.m.	Monday
Cantonese Dance Group 廣東舞蹈組	1 to 2 p.m.	Monday
Cantonese Opera 粵劇	1 to 3 p.m.	Monday
English Singing Group 英文歌唱組	9 to 10 a.m.	Tuesday
Bible Study (not City sponsored) 经查（非城市贊助）	9 to 10:30 a.m.	Tuesday
Line Dance 排舞	10 to 11 a.m.	Tuesday
Chair Yoga 椅子瑜伽	12:45 to 1:45 p.m.	Tuesday
Simple Chinese Conversational Class	9 to 10 a.m.	Wednesday
Social Services 社會服務	9:30 to 11:30 a.m.	Wednesday
Female Singing Group 女生小合唱	9 to 10 a.m.	Wednesday
Modeling Class 時裝隊表演	10 to 11:30 a.m.	Wednesday
Arts and Crafts 工藝組	9:30 to 11:30 a.m.	Wednesday
Brown Bag Distribution 棕色袋子分發	noon to 1 p.m.	Wednesday
Survival English Class (I) (V) 生存英語課	1 to 2 p.m.	Wednesday
Mandarin Singing Group 國語歌唱團	9:30 to 11 a.m.	Thursday
Intermediate English class 中級英語班	9:30 to 10:30 a.m.	Thursday
Volunteer-led Line Dance 志工帶領排舞	9 to 10 a.m.	Thursday
Loteria 洛特里亞	1 to 2 p.m.	Thursday
Conversational English Class 英語會話課	9 to 10 a.m.	Friday
Social Dance 學習交誼舞	10 to 11 a.m.	Friday
Ballroom Dance 交誼舞	1 to 2:30 p.m.	Friday
Karaoke 卡拉OK	2:30 to 4:30 p.m.	Friday

Note: Programs, classes, and events are subject to change or cancellation without notice.

\* I - in-person class 實體課程 , V - virtual class 網上課程