

November 2025

Milk & Fruit Served Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W e e k 4	27	28	29	30	31
				 CITY OF PHOENIX HUMAN SERVICES DEPARTMENT	 SENIOR PROGRAMS CITY OF PHOENIX HUMAN SERVICES
W e e k 5	3	4	5	6	7
	Korean Bibimbap Ground Beef (Carne) over Rice w/ Carrot, Mushroom & Zucchini	Turkey (Pavo) Burger on WG Bun Baked Beans Steamed Garlic Parmesan Spinach	Corned Beef w/ Cabbage and Carrots O'Brien Potatoes WW Roll	Caprese Pasta Salad w/ Cannelini Beans (Frijoles) Balsamic Vinaigrette & WW Crackers Cinnamon Applesauce	White Fish (Pescado) on Creamy Lemon Orzo Roasted Broccoli Steamed Carrots
			Ham (Cerdo) & Swiss on Baguette French Onion Soup		
W e e k 6	10	11	12	13	14
	BBQ Riblet (Cerdo) on Cornbread Bun Green Beans Dilled Carrots	CENTER CLOSED - Veteran's Day	Vegetarian Lasagna (Queso) Stewed Tomatoes Steamed Broccoli	Country-Fried Steak (Carne) Mashed Potatoes Chuckwagon Corn WW Roll	Stir-Fry Turkey (Pavo) w/ Brown Rice Steamed Bok Choy Miso Glazed Carrots
			Tuna Salad (Atún) on Wheat Bread Butternut Squash Soup		
W e e k 7	17	18	19	20	21
	Chicken (Pollo) Broccoli Alfredo WW Pasta Dilled Peas	Cheeseburger (Carne) on WG Bun Roasted Sweet Potatoes Three Bean Salad	Teriyaki Tofu on Brown Rice Roasted Broccoli Mixed Vegetables	Greek Chicken (Pollo) Bowl w/Feta, Spinach & Dill Stewed Lentils & Tomatoes	Mexican Spiced White Fish (Pescado) on Spanish Rice Refried Beans Calabasitas
			BLT (Cerdo) Wrap Garden Vegetable Soup		
W e e k 8	24	25	26	27	28
	Green Chili Cheese (Queso) Tamale Stewed Tomatoes Fire Roasted Corn & Black Beans	Corned Beef w/ Cabbage and Carrots O'Brien Potatoes WW Roll	Smothered Turkey (Pavo) Mashed Potatoes Green Bean Almondine WG Dinner Roll	THANKSGIVING DAY 	CLOSED FOR THANKSGIVING
			Chicken (Pollo) Pita (Greens, Red Bell Pepper, Matchstick Carrots) Italian Dressing Minestrone		