

May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 Salisbury Steak Mashed Potatoes Green Beans WW Roll	2 Stir-Fry Turkey (Pavo) w/ Brown Rice Steamed Bok Choy Miso Glazed Carrots
5 Frozen Meal	6 Cheeseburger (Carne) on WG Bun Buffalo Cauliflower Baked Lays Chips	7 Teriyaki Tofu on Brown Rice Roasted Broccoli Mixed Vegetables	8 Turkey Hot Dogs on WW Bun Baked Beans Broccoli Salad	9 Krab (Pescado) Salad on Mixed Greens Marinated Cucumbers WW Crackers
12 Frozen Meal	13 Vegetarian (Queso) Lasagna Normandy Vegetable Blend Garlic Green Beans	14 Green Goddess Turkey Meatballs Roasted Potatoes Stewed Tomatoes WG Pita	15 Honey Garlic Pork (Cerdo) on Brown Rice Bok Choy Cauliflower	16 Mexican Spiced White Fish (Pescado) on Brown Rice Roasted Bell Peppers Calabasitas
19	20	21	22	23
 Frozen Meal	Garlic Chicken with Orzo Peas & Carrots Roasted Yellow Squash	Smothered Pork (Cerdo) Thyme Roasted Carrots Green Beans WW Roll	Sesame Ginger Beef (Carne) on Brown Rice Steamed Broccoli Asian Vegetable Blend	Fish (Pescado) Veracruz Refried Beans Spanish Rice
26	27	28	29	30
 Frozen Meal	Vegetarian Greek Salad w/ Chickpeas & Mixed Veg Pita Chips & Tzatziki	Pork Carnitas Pinto Beans Chuckwagon Corn WW Tortillas	Sloppy Joe (Carne) on WG Bun Tater Tots Roasted Brussels Sprouts	Fish Florentine Stewed Tomatoes WW Roll
Pimento & Cucumber on Cornbread Bun Chicken Sausage Gumbo				