



JULY

2025



milk and fruit served daily



Monday	Tuesday	Wednesday	Thursday	Friday
Meals are funded in part by the Area Agency on Aging, Region One, Inc.				
	1 Cheeseburger (Carne) on WG Bun Buffalo Cauliflower Baked Lays Chips	2 Teriyaki Tofu on Brown Rice Roasted Broccoli Mixed Vegetables	3 Turkey Hot Dogs on WW Bun Baked Beans Broccoli Salad	4 Frozen
	7	8	10	11
Frozen	Vegetarian (Queso) Lasagna, Stewed Tomatoes, Garlic Green Beans	Green Goddess Turkey Meatballs, Roasted Potatoes, Steamed Tomatoes, WG Pita	Honey Garlic Pork (Cerdo) on Brown Rice, Bok Choy, Cauliflower	Mexican Spiced White Fish (Pescado) on Brown Rice, Roasted Bell Peppers, Calabasitas
14	15	16	17	18
Frozen	Garlic Chicken with Orzo, Peas & Carrots, Roasted Yellow Squash	Smothered Pork (Cerdo), Thyme Roasted Carrots, Green Beans, WW Roll	Sesame Ginger Beef (Carne) on Brown Rice, Steamed Broccoli, Asian Veggie Blen	Fish (Pescado) Veracruz, Refried Beans, Spanish Rice
21	22	23	24	25
Frozen	Vegetarian Greek Salad w/Chickpeas & Mixed Veg, Pita Chips & Tzatziki	Pork Carnitas Pinto Beans Chuckwagon Corn WW Tortillas	Sloppy Joe (Carne) on WG Bun, Tater Tots, Roasted Brussels Sprouts	Fish Florentine Stewed Tomatoes WW Roll
28	29	30	31	
Frozen	Beef (Carne) Stroganoff on WW Pasta, Green Beans, Mixed Vegetable	Turkey Club Salad, Shredded Cheddar, Bacon, Mixed Greend, Tomato, Ranch Dressing, WW Roll	Chicken (Pollo) Fajitas Black Beans WW Tortillas	

6/18/2025