

Wednesday Hudsuay Hudsuay Hudsuay

Meal reservations and cancellations must be made at least three business days in advance. Members 60+ may give a recommended contribution of \$2.50 per meal. The cost of a meal for all others is \$5. Members without a lunch reservation may be placed as a "standby" meal based on availability.

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Hellos	Vegetarian Greek Salad w/Chickpeas & Mixed Veg, Pita Chips & Tzatziki	Pork Carnitas, Pinto Beans, Chuckwagon Corn, WW Tortillas	Sloppy Joe (Carne) on WG Bun, Tater Tots, Roasted Brusses Sprouts	Fish Florentine Stewed Tomatoes WW Roll
Spring	Turkey and Cheddar on Sweet Slider Roll Potato Leek Soup	Turkey and Cheddar on Sweet Slider Roll Potato Leek Soup	Turkey and Cheddar on Sweet Slider Roll Potato Leek Soup	Turkey and Cheddar on Sweet Slider Roll Potato Leek Soup
7	8	9	10	11
Zucchini w/Italian Sausage (Cerdo) & Marinara, Roasted Pepper & Onions, WG Roll	Beef (Carne) Stroganoff on WW Pasta, Green Beans, Mixed Vegetable	CENTER CLOSED	Chicken (Pollo) Fajitas Black Beans WW Tortillas	Orange Tarragon White Fish (Pescado) on Brown Rice, Bok Choy w/Carrots, Asian Mixed Vegetables
Egg Salad & Tomato on Wheat, Garden Vegetable Soup	Egg Salad & Tomato on Wheat, Garden Vegetable Soup	Staff Training	Egg Salad & Tomato on Wheat, Garden Vegetable Soup	Egg Salad & Tomato on Wheat, Garden Vegetable Soup
14	15	16	17	18
Chicken (Pollo) Tinga, Elote Corn, Black Beans, WW Tortillas	French Toast w/Maple Syrup, Pork (Cerdo) Sausage Links, O'Brien Potatoes	Turkey Melt on Wheat with Tomatoes and Steamed Spinach	Black Bean (Frijoles) Burger w/Swiss on WG Bun, Sweet Potato Fries, Mixed Vegetables	Miso Glazed White Fish (Pescado), Bok Choy w/ Carrots, Asian Mixed Vegetable, Brown Rice
Roast Beef (Carne) & Provolone on a Hoagie Roll with Giardiniera Spread, Broccoli Cheddar Soup	Roast Beef (Carne) & Provolone on a Hoagie Roll with Giardiniera Spread, Broccoli Cheddar Soup	Roast Beef (Carne) & Provolone on a Hoagie Roll with Giardiniera Spread, Broccoli Cheddar Soup	Roast Beef (Carne) & Provolone on a Hoagie Roll with Giardiniera Spread, Broccoli Cheddar Soup	Roast Beef (Carne) & Provolone on a Hoagie Roll with Giardiniera Spread, Broccoli Cheddar Soup
21	22	23	24	25
Korean Bibimbap Ground Beef (Carne) over Rice, w/Carrot, Mushroom & Zucchini	Turkey (Pavo) Burger on WG Bun, Baked Beans, Sweet Potato Tots	BBQ Chicken Black Eyed Peas Green Beans Cornbread	Chicken Fajitas Beans and Spanish Rice WW Tortillas Salsa Picante	Tuna Cakes (Atún) on Green Beans, Seasoned Carrots WG Roll
Ham (Cerdo) & Swiss Baguette French Onion Soup	Ham (Cerdo) & Swiss Baguette French Onion Soup	Ham (Cerdo) & Swiss Baguette French Onion Soup	Ham (Cerdo) & Swiss Baguette French Onion Soup	Ham (Cerdo) & Swiss Baguette French Onion Soup
28	29	30		CITY OF PHOENIX
BBQ Riblet (Cerdo) Sandwich, Green Beans, Dilled Carrots	Southwest Chicken (Pollo) Salad Wrap w/Mixed Greens, Quartered Tomatoes	Caprese (Queso) Pasta Salad w/ Balsamic Vinaigrette, Diced Beets		HUMAN SERVICES DEPARTMENT
Tuna Salad (Atún) on Wheat Bread Butternut Squash Soup	Tuna Salad (Atún) on Wheat Bread Butternut Squash Soup	Tuna Salad (Atún) on Wheat Bread Butternut Squash Soup	SENIOR PROGRAMS CITY OF PHOENIX I HUMAN SERVICES	(SSELRICO)