

# Wellness Incentive

Effective January 1, 2025, Virgin Pulse is becoming Personify Health.

## Wellness Programs & Resources

The City wants you to enjoy your work and your life! Good health is an important component of your overall satisfaction at work and at home. Through the **Fit4Phoenix Employee Wellness Program**, you can find tools and resources to help you thrive rather than merely survive the daily challenges that come your way.

The Fit4Phoenix Employee Wellness Program takes a holistic approach, offering programs in the following areas:

- Nutrition Programs
- Fitness/Step Challenges
- Gym Discounts
- Health Coaching
- Wellness Classes

INCENTIVE REQUIREMENTS ACHIEVED BY:	POTENTIAL EARNINGS*
Either Employee or Covered Spouse / QDP	\$40 per month
Both Employee and Covered Spouse / QDP	\$60 per month

\*Earnings are paid out bi-weekly and are subject to applicable federal and/or state tax withholdings.

## Wellness Incentive

### Step 1: Visit Your Primary Care Provider (PCP).

A PCP is a family practice doctor, general practitioner, an internist or an OBY/GYN in your City of Phoenix employee plan network to get your seven pieces of biometric data (HDL cholesterol, total cholesterol, blood glucose, waist circumference, height, weight, and blood pressure).

\*\*If you leave active City coverage for longer than 30 days, you must create a new account and complete your health assessment and attestation again.\*\*

### Step 2: Create Account

To create an account or log in visit:

**Before January 1st:** <https://join.virginpulse.com/fit4phoenix> [join.virginpulse.com]

**Starting January 1st:** <https://join.personifyhealth.com/fit4phoenix> [join.personifyhealth.com]

A Spouse or QDP must create their own account and have their own User ID and password on the website. To create their account the Spouse /QDP would use the employee's ID number with an S at the end. (Example: 000000S)

### Step 3: Health Assessment and PCP Visit Attestation

Complete the Health Assessment and PCP Visit Attestation within the same calendar year by visiting the Wellness Incentive portal. To complete both requirements the Health Assessment and PCP Visit Attestation, you will need both you and your spouse/QDP biometric data. For directions on how to complete Step 3, visit the City's wellness website. **NOTE: The Health Assessment, PCP Visit, and PCP Visit Attestation must be completed and submitted in the same calendar year!**

### Step 4: Check Your Paystub

Once you and/or your covered spouse/QDP complete the Health Assessment and PCP Attestation within the same calendar year, your wellness incentive will show up on your paycheck (under "Hours and Earnings") about 30 days after your completion of incentive requirements has been reported. **You must complete the two requirements by 12/15/24 to receive the first incentive of the year in 2025.** If you miss the deadline, you will not see the incentive on your first January 2025 paycheck. Your next opportunity to complete the two requirements will be after January 1, 2025.

**IMPORTANT:** If you are/were enrolled as a spouse on another employee's City medical plan and then enroll on your own City medical plan, you must contact the benefits office to have your accounts merged, within 30 days of this change.

## Fit4Phoenix Employee Wellness Program

To learn more about the Fit4Phoenix Wellness Programs and the Wellness Incentive, visit [cityofphoenix.sharepoint.com/sites/hr/benefits/wellness](https://cityofphoenix.sharepoint.com/sites/hr/benefits/wellness). For questions about wellness programs, email [be.healthy@phoenix.gov](mailto:be.healthy@phoenix.gov)



# Step by Step Instructions 2025 Wellness Incentive

**\*Effective 1/1/25 -Virgin Pulse is becoming Personify Health**  
**Before 1/1/25 visit - <https://join.virginpulse.com/fit4phoenix>**  
**After 1/1/25 visit - <https://login.personifyhealth.com>**

## STEP 1

### Create Account/Log into Personify Health -

Go to <https://join.virginpulse.com/fit4phoenix>.  
For Spouse or QDP account they **must** create their own account. Spouse /QDP would use their information and employee's ID number with an S at the end.

The image shows two screenshots from the PHXHR portal. The left screenshot is the 'Sign Up For Better Health' form, which includes fields for 'My first name', 'My last name', 'My employee ID', 'My date of birth', and 'My country/region'. Below these fields are buttons for 'Identify', 'Agree', 'Create', and 'Finish'. The right screenshot is the login page, featuring 'USERNAME' and 'PASSWORD' input fields, a 'SIGN IN' button, and a 'Forgot Password?' link.

## Visit Your Primary Care Provider (PCP) -

Make and appointment to have your wellness/annual physical or to have your biometric data checked, you can even visit the Employee Health Clinic.

## STEP 2

## STEP 3

### Complete - Health Assessment -

Log in to the [Personify Health](#) portal, click on "Home" select "Rewards" scroll down and under "Actions" click "Health Assessment" to complete.

The image shows the PHXHR portal home page. At the top, there are navigation icons for 'Home', 'Health', and 'Benefits'. Below these, there are sections for 'Stats' and 'My Actions'. The 'My Actions' section is expanded, showing a 'Rewards' button with a red box and a yellow arrow pointing to it. At the bottom, there are links for 'Connect my activity device' and 'Track my sleep'.

### 2024/5 Wellness Incentive

#### HOW TO EARN:

0/2 Complete 2 Actions  
1 2023 & 2024 incentive

#### ACTIONS:

- Complete the Health Assessment
- Primary Care Physician (PCP) Visit Attestation

### Complete - (PCP) Attestation -

Primary Care Physician (PCP) Visit Attestation here you will enter your name, PCP provider name, and current calendar year date of visit.

## STEP 4

## STEP 5

### Confirmation requirements are complete -

Log into [Personify Health](#) portal under "Home" select "Rewards" scroll down, and here under "Actions" you should see a green check mark next to both requirements.

#### ACTIONS:

- Complete the Health Assessment
- Primary Care Physician (PCP) Visit Attestation

### When and how will I know I am receiving the incentive?

To see your wellness incentive on your paycheck look under ("Hours and Earnings") and it will be listed there. It can take up to 30 days after completion to start reflecting on paychecks.

## STEP 6

All incentive actions must be completed by December 15th to receive the incentive on the 1st check of the following calendar year. Wellness Incentive program will be unavailable to complete from Dec 16th - Dec 31st.

If any questions, contact [be.healthy@phoenix.gov](mailto:be.healthy@phoenix.gov) or call 602-262-4777