

# 2025/2026

## Wellness Incentive

The image shows five overlapping circles in a row, each containing a white icon on a colored background. From left to right: 1. Orange circle with a yoga figure in a lotus position. 2. Green circle with a person sleeping under a starry night sky. 3. Blue circle with an apple. 4. Purple circle with a stylized human figure with arms raised. 5. Red circle with a heart and an ECG line.

## Save Up to \$720 Annually!

The City wants you to enjoy your work and your life! Good health is an important component of your overall satisfaction at work and at home. Through the Fit4Phoenix Employee Wellness Program, you can find tools and resources to help you thrive rather than merely survive the daily challenges that come your way. The City of Phoenix Wellness Program has a variety of interactive, educational, and innovative activities addressing the eight dimensions of wellness.

### Requirements to Participate:

- All active city employees and their spouse/QDP enrolled in a active City of Phoenix medical plan are eligible to participate in the wellness incentive program.
- All participants are required to complete the Health Assessment, PCP visit, and PCP Visit Attestation by **December 14, 2025 deadline** in order to receive the incentive starting with the first paycheck in 2026. You still can receive the Wellness Incentive for 2025 by completing the requirements in 2025. The incentive is paid prospectively. **The Health Assessment, PCP Visit, and PCP Visit Attestation must be completed and submitted in the same calendar year!**
- If you miss the 12/14/2025 deadline, you will need to wait until after January 1, 2026 to complete the Health Assessment, PCP visit, and PCP Visit Attestation to qualify for the incentive.
- **Please note:** From December 15th - December 31st employees will not be able to complete the PCP Visit Attestation and completion of the Health Assessment during this time will not be counted as the program will be closed for the remainder of the calendar year.
- For questions about the Wellness Incentive, programs, activities and events please contact [be.healthy@phoenix.gov](mailto:be.healthy@phoenix.gov) or call 602-262-4777

# Step by Step instructions

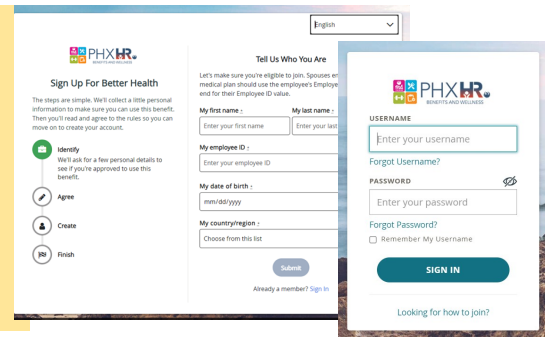
**Register :** <https://join.personifyhealth.com/fit4phoenix>

**Login-** <https://login.personifyhealth.com>

## STEP 1

### Create Account/Log into Personify Health -

Go to <https://join.personifyhealth.com/fit4phoenix> to create your account or log in. For Spouse or QDP account they **must** create their own account. Spouse /QDP would use their information and employee's ID number with an S at the end. (Example: 000000S) Except if the Spouse or QDP work for City of Phoenix then they will use their own Employee ID. You must be enrolled a city medical plan to eligible for Virgin Pulse.

The image shows two screenshots of the Personify Health portal. The left screenshot is the 'Sign Up For Better Health' form, which includes fields for 'My first name', 'My last name', 'My employee ID', 'My date of birth', and 'My country/region'. It also has a 'Submit' button and a link for 'Already a member? Sign in'. The right screenshot is the login form, which includes fields for 'Enter your username' and 'Enter your password', along with a 'SIGN IN' button and a link for 'Looking for how to join?'.

## Visit Your Primary Care Provider (PCP) -

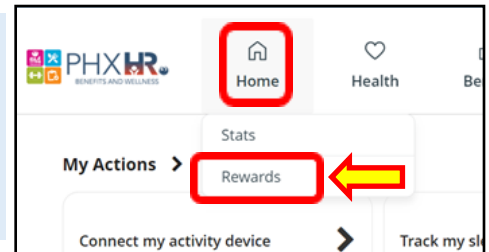
Make and appointment to have your wellness/annual physical or to have your biometric data checked, you can visit your family doctor, general practitioner, an internist or an OB/GYN in your City of Phoenix employee plan network.

## STEP 2

## STEP 3

### Complete - Health Assessment -

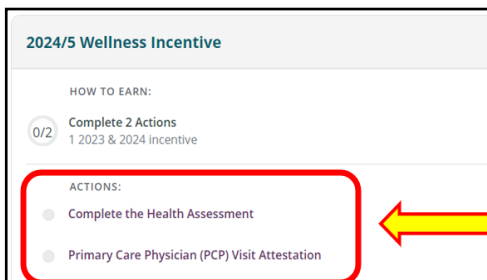
Log in to the [Personify Health](#) portal, click on "Home" and select "Rewards" scroll down and under "Actions" click "Health Assessment" answer the questions and enter your biometric data you received from your doctor.

A screenshot of the Personify Health portal. The 'Home' button is highlighted with a red box. Below it, the 'Rewards' section is visible, and the 'My Actions' button is highlighted with a red box and a yellow arrow pointing to it.

## Complete - (PCP) Attestation -

Log in to the [Personify Health](#) portal, click on "Home" select "Rewards" scroll down, and under "Actions" click on Primary Care Physician (PCP) Visit Attestation" here you will enter your name, PCP provider name, and date of visit. Next, **check the box to confirm that you saw your PCP within the current 2025 calendar year.** Then click "Submit".

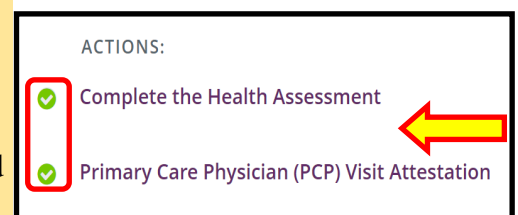
## STEP 4

A screenshot of the '2024/5 Wellness Incentive' page. The 'HOW TO EARN:' section shows 'Complete 2 Actions' and '1 2023 & 2024 Incentive'. The 'ACTIONS:' section is highlighted with a red box and a yellow arrow pointing to it, showing 'Complete the Health Assessment' and 'Primary Care Physician (PCP) Visit Attestation'.

## STEP 5

### Confirmation requirements are complete -

Log into **Personify Health** under "Home" select "Rewards" scroll down, under "Actions" you should see a green check mark next to both requirements, this is conformation that everything has been completed and submitted. **Note:** both requirements **MUST** be completed and submitted in the same current 2025 calendar year to receive the Wellness Incentive.

A screenshot of the 'ACTIONS:' section. Both 'Complete the Health Assessment' and 'Primary Care Physician (PCP) Visit Attestation' are marked with green checkmarks, indicating they are completed. A red box highlights the checkmarks, and a yellow arrow points to them.

## When and how will I know I am receiving the incentive?

The Health Assessment, PCP visit, and PCP Visit Attestation must completed within the same current 2025 calendar year. To see your wellness incentive on your paycheck look under ("Hours and Earnings") and it will be listed there. It can take approximately 30 days after you have completed the requirements to be reported by Personify Health to the City of Phoenix.

## STEP 6

# Wellness Incentive Amounts:

INCENTIVE REQUIREMENTS ACHIEVED BY:	PER PAY PERIOD:	EARNINGS PER MONTH:
Either Employee or Covered Spouse/QDP	\$20.00	\$40.00
Both Employee and Covered Spouse/QDP	\$30.00	\$60.00

## Contact Information for Benefits and Wellness and Personify Health Support

- **Benefits Office Phone:** 602-262-4777
- **Email:** [benefits.questions@phoenix.gov](mailto:benefits.questions@phoenix.gov)
- **Personify Health Website:** <https://join.personifyhealth.com/fit4phoenix>
- **Personify Health Support** [support@personifyhealth.com](mailto:support@personifyhealth.com) (password reset, log in assistance, etc.)

To Learn more about the Fit 4 Phoenix Wellness Programs and the Wellness Incentive:

<https://cityofphoenix.sharepoint.com/sites/hr/benefits/wellness>

For questions about the Wellness Programs email: [be.healthy@phoenix.gov](mailto:be.healthy@phoenix.gov)

## FAQ's

1. **How do I create and account for my spouse?** For Spouse or QDP account they **must** create their own account. Spouse /QDP would use their information and employee's ID number with an S at the end. (Example: 000000S) Except if the Spouse or QDP work for City of Phoenix then they will use their own Employee ID. You must be enrolled a city medical plan to eligible for Virgin Pulse.
2. **I am a new employee can how can I participate in the Wellness Incentive?** New employees– must wait to sign up for Personify Health until approximately a week after your medical benefits are active. This gives the Wellness department time to send over you information to Personify Health that you are now an eligible employee to participate in the Wellness Incentive.
3. **Do I have to send Benefits proof of my PCP visit?** No, you just need to log in to Personify Health and complete the PCP Visit Attestation section. However, the City does reserve the right to request documentation.
4. **Do I have to complete the PCP Attestation?** Yes, this is a requirement that must be complete along with the Health Assessment on Personify Health.
5. **Do I have to be enrolled in city medical coverage to participate in the Wellness Incentive?** Yes, you must be enrolled in an active city medical benefits plan to participate in the Wellness Incentive
6. **Where can I find the biometric information to take to my doctor?** You can get this information on our Wellness website <https://cityofphoenix.sharepoint.com/sites/PhxHR/wellness/wellness-incentive>
7. **Can my child participate in the Wellness Incentive?** No, only the employee and their spouse/QDP can participate in the Wellness Incentive program.