

Type 2 Diabetes Reversal Treatment



Join the movement to reverse type 2 diabetes.

Virta uses the research-backed combination of nutritional ketosis, medical supervision, and one-on-one health coaching. You also get all the supplies you need for biomarker tracking, access to a private patient community, and curated recipes, food guides, and meal plans!

Virta can help you:

- Lower blood sugar
- Reduce diabetes medications

How is Virta different?

- No calorie counting
- No fasting
- No exercise required

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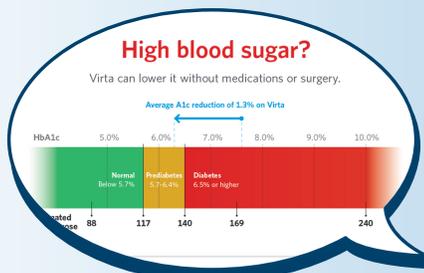
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Reversing type 2 diabetes with Virta can taste great!

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How is Virta different?

how does it work?

Virta's reversal treatment and weight loss program is backed by clinical research. It can help you lower your blood sugar, reduce your need for diabetes medications (including insulin), and lose weight. This is done by making small, but meaningful, changes to your diet.

what's included?

- Unlimited testing strips, lancets, and swabs
- Blood glucose meter
- Connected scale
- 1:1 expert health coaching and medical supervision
- Mobile app with easy-to-use tracking tools and tips

GET STARTED >>

