



- A Adult Supervision:** Always have a responsible adult as a water watcher
- B Barriers:** Ensure a self-closing and self-latching pool fence
- C Classes:** Sign children up for swim lessons and learn CPR



DROWNING IS THE LEADING CAUSE OF DEATH FOR CHILDREN AGE 4 AND UNDER IN ARIZONA

IF YOU FIND SOMEONE IN TROUBLE IN THE WATER:

1. Yell for help and pull the person out of the water.
2. Call 9-1-1 immediately! Stay on the line.
3. Begin CPR
4. If you are not trained, follow the instructions from the 9-1-1 operator until help arrives.

HOW TO PREVENT DROWNING:

- Use an approved barrier to separate the pool from the house.
- **NEVER** allow children to be alone near a pool or any water source. This includes bathtubs, buckets, toilets, ponds and canals.
- Have life-saving devices near the pool, such as a hook, pole, or flotation device.
- Keep large objects such as tables, chairs, or ladders away from pool fences.
- **ALWAYS** have a designated child watcher when kids are in the pool.
- If you leave the pool area, take the child (children) with you.



POOL SAFETY TIPS:

- Learn CPR
- Learn to swim.
- **NEVER** swim alone.
- **NEVER** swim under the influence of alcohol or medications.
- **NEVER** swim when you hear thunder or see lightning,
- **NEVER** dive into an unfamiliar body of water