

# Phoenix.gov/Summer Summer Safety

In June, July and August, you'll find summer safety information on one half of your Phoenix at Your Service resident newsletter. Learn more: [Phoenix.gov/Summer](http://Phoenix.gov/Summer).

## Drowning Zero



Drownings are tragic and preventable. Over the last three years, the City of Phoenix has seen an increase in water safety incidents and deaths among kids in our community.

This trend must stop. In hopes of preventing these tragedies, the Phoenix Fire Department has launched a new campaign called, "Drowning Zero".

Join the Phoenix Fire Department in committing to Drowning Zero through education, supervision, and community action. That means zero children unsupervised, zero barriers to pool visibility, and zero access to unsafe bodies of water.

[Phoenix.gov/Summer](http://Phoenix.gov/Summer)  
#DrowningZero

## Kids & Pets & Cars



Never leave a child or a pet in a parked car, even to run a quick errand. Cracking the window is not enough.

Temperatures can reach between 131° and 172° inside a parked car within minutes.

## Fireworks



Children should be supervised around fireworks. Have a bucket of water and a hose nearby in case of accidents or fires. Never throw or point fireworks at someone or hold them in your hand. Never try to relight a dud! Leave jumbo fireworks to the professionals.

## Heat Ready PHX



In October 2021, Phoenix created the first of its kind Office

of Heat Response and Mitigation. The Office is establishing a strategic action plan to address the growing hazard of urban heat, which threatens the City's economic viability and health and well-being of vulnerable residents.

Access heat-related resources, including response and mitigation information: [Phoenix.gov/Heat](http://Phoenix.gov/Heat) or [@HeatReadyPHX](https://twitter.com/HeatReadyPHX) on social media.

## Hiking Safety

### SELECT TRAILS CLOSED DURING EXTREME HEAT

On days when the National Weather Service issues an Excessive Heat Warning, Camelback Mountain's Echo and Cholla Trails and all trails associated with Piestewa Peak Trailhead in the Phoenix Mountains Preserve will close from 11 a.m. to 5 p.m.

### DOGS ON TRAILS

Keep pets hydrated and in the shade. If you notice heat stress (heavy panting, glazed eyes, rapid pulse, deep red or purple tongue) bring pets inside. Note: Dogs are not allowed on Phoenix hiking trails when it's 100° or warmer.



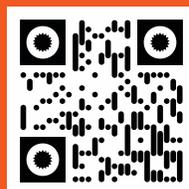
Hike early before it heats up. Bring plenty of water and a cell phone, stay on designated trails, dress appropriately, and watch the weather.

[Phoenix.gov/Parks/Trails](http://Phoenix.gov/Parks/Trails)  
#HikeRight

## WEATHER HOTLINES

Life-threatening emergencies	911
Non-emergency police assistance	602-262-6151
Report traffic signal outages (24/7)	602-262-6021
Report storm debris in street or streets maintenance issues (24/7)	602-262-6441
Report power outage APS	855-688-2437
Report power outage SRP	602-236-8811
American Red Cross	800-842-7349
Heat Relief Network	602-677-6055

## SUMMER FUN & ALL OTHER RESOURCES



Call myPHX311:  
602-262-3111  
Or download  
the app at  
[Phoenix.gov/App](http://Phoenix.gov/App)

# #PHXSummer

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Phoenix.gov/Summer  
**Summer Safety**

# Monsoon Weather

The Monsoon officially runs from **June 15 - September 30**  
 Resources for before, during and after the storm are available at **Phoenix.gov/Summer**

## Heat Warnings



Heat watches and warnings are issued by the National Weather Service @NWSPhoenix. During these times, it is best to remain indoors whenever possible. Additional tips at [Phoenix.gov/Heat](https://phoenix.gov/Heat).

## Severe Weather



Phoenix experiences a variety of extreme weather conditions, including dust storms (Haboobs), high winds, severe downpours, flash floods, lightning storms, and brush fires. Always be prepared.

## Rain in the Drain



Don't place any materials in the street that may wash into a storm drain causing blockages or pollution.

[Phoenix.gov/Stormwater](https://phoenix.gov/Stormwater)

## Flash Floods



Pay attention to signs that warn of flood areas. Never cross a flooded wash or road. Just six inches of water can wash away most vehicles.

## Flood Barriers



Instead of sandbags, residents should consider innovative, water barrier options like self-activating flood barriers. These products are reusable and can be found online or at local hardware stores.

## Driving Tips



When driving in a severe storm, pull over if possible and wait it out. If it's a dust storm, park off the road shoulder and turn your vehicle **lights off**.

## Storm Cleanup



If your yard is damaged during a storm, take your branches and debris to a city Transfer Station to be composted. Residents can drop off up to one ton of waste for free each month.

[Phoenix.gov/TransferStations](https://phoenix.gov/TransferStations)

## Prepare a Go Kit

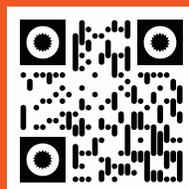


Prepare a portable pack that allows you to be self-sufficient for 72 hours. Include food, water, cash, flashlight, batteries, first aid supplies, and medicine.

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**Summer Safety**

Do you know what triggers an excessive heat warning? An **Excessive Heat Warning** is issued by the National Weather Service when there is a High or Very High Heat Risk. During periods of excessive heat, it's best to remain indoors. Should you find yourself outside in the elements, here's how to protect yourself:

- When possible, utilize indoor facilities that accommodate physical activity
- Plan outdoor activities for the coolest times of the day
- Limit and reduce duration of outdoor activity
- Take frequent breaks
- Drink water before, during, and after activities
- Drink more water than usual. Avoid drinks with sugar, alcohol and caffeine
- Cool-down in the shade if possible following an outdoor activity
- Wear light colored clothing, wide-brimmed hats
- Know the signs of heat exhaustion. Are you feeling faint or dizzy? Are you pale or is your skin clammy? See the warning signs below.

HEAT EXHAUSTION	VS	HEAT STROKE
Faint/Dizzy		Throbbing Headache
Nausea/Vomiting		Nausea/Vomiting
Excessive Sweating		No Sweating
Rapid/Weak Pulse		Rapid/Strong Pulse
Cool/Pale/Clammy		Body Temp. Above 103° Red/Hot/Dry
Muscle Cramps		May Lose Consciousness
<p>Get to a cooler, air conditioned place.</p> <p>Drink water if fully conscious.</p> <p>Take a cool shower or use cold compresses.</p>		<p><b>CALL 9-1-1</b></p> <p>Take immediate action to cool the person until help arrives.</p>

### Renter's Rights

Everyone has a right to cool air! Phoenix requires landlords to maintain a maximum 82° for units with air conditioning, or 86° for units with evaporative coolers. The city will investigate complaints. For more information, please call 602-262-7210.

### We're Cool!

There are still several weeks of extreme heat ahead, which means volunteers will continue to spread free heat relief supplies to our most vulnerable populations. If you can volunteer to hand out water, hats, sunscreen, and personal misters, sign up by emailing [volunteer@phoenix.gov](mailto:volunteer@phoenix.gov), or get more details at [phoenix.gov/heat](http://phoenix.gov/heat).

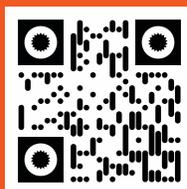
### Heat Check

Our Cool Callers are looking out for anyone who wants a wellness check during the summer heat (especially on days where there is an excessive heat warning). If you or someone you love would like to receive free phone calls to make sure you're safe and your home is cool, go to [phoenix.gov/heat](http://phoenix.gov/heat) to opt in.

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## #PHXSummer

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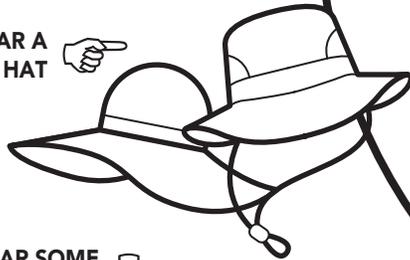


## STAY SAFE IN THE *Sun*

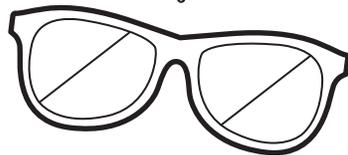
### POOL SAFETY WORD SEARCH

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 Z S B L I F E G U A R D L A  
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WEAR A  
FUN HAT



WEAR SOME  
SUNGLASSES

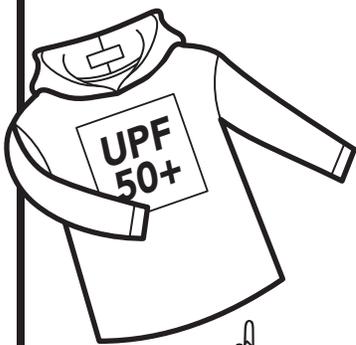


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words:

SUPERVISION  
FRIEND  
LIFEGUARD

POOL  
DIVE  
SWIM

FLOATS  
GOGGLES  
LESSONS



WEAR YOUR FAVORITE  
LONG-SLEEVED SHIRT

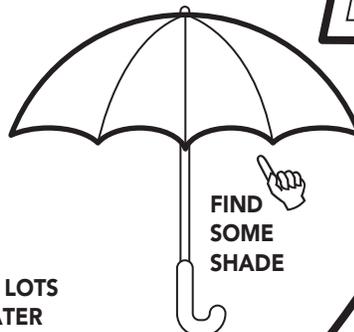
WEAR  
SUNSCREEN



DRINK LOTS  
OF WATER



FIND  
SOME  
SHADE



# Never Swim Alone